



HELEN HICKSON

Helen Hickson is a social worker, academic, and researcher mainly in social work education. She is passionate about supporting people to use their voice and to tell their stories. Helen remembers hearing stories from her grandmother about her life as a child during the depression and about 20 years ago she started tracing her family history to better understand who she is and where she comes from. Helen has travelled to England, Ireland, France, and New Zealand to explore her family history and walk on the lands of her ancestors, yet there are many mysteries that still need to be solved. In 2022, Helen completed the Society's Certificate of Genealogical Research.